

Northridge Middle School Menu



2018-2019 School Year

Be sure and get a good start to your day with Breakfast! Breakfast choices include the daily entrée, cinnamon bun, PBJ wafer, cereal or yogurt with toast or goldfish grahams.

April - May 2019

	Monday	Tuesday	Wednesday	Thursday	Friday		
Blue	Whole Grain Muffin Corndog Oven Baked Fries Baked Beans Steamed Corn Mixed Fruit	Breakfast Pizza Chili/Crackers Peanut Butter, Celery, & Carrot Sticks Baked Potato Wedges Sliced Bread Fresh Apple Wedges	Donut Holes Grilled or Brd. Chicken Patty Sandwich Sidewinder Fries Steamed Broccoli Chilled Pears Chocolate Chip Cookie	Chicken Breakfast Sand Salisbury Steak Warm Baked Roll Whipped Potatoes Gravy Seasoned Green Beans Chilled Peaches	Pancake Wrap Pizza Romaine Salad Baby Carrots, Broccoli, & Red Pepper Strips Vegetable Dip Warm Apple Special	Breakfast Components: Entrée Choice (protein and/or grains) Fruit Milk	Breakfast Meal Prices: Student \$1.10 Reduced .30 Extra Milk .40
	Whole Grain Muffin Rotini with Meat Sauce Garlic Toast Romaine Salad Seasoned Green Beans Chilled Peaches	Breakfast Pizza Texas Straw Hat Refried Beans Shredded Lettuce Diced Tomatoes Chilled Pears M&M Cookie	Donut Holes Crispy Chicken Drumstick Warm Baked Roll Whipped Potatoes Gravy Seasoned Corn Pineapple Tidbits	Chicken Breakfast Sand Philly Beef Sandwich Au Jus Steamed Onion & Peppers Seasoned Baked Fries Steamed Carrots Fresh Orange Wedges	Pancake Wrap Chicken Teriyaki Steamed Rice California Blend Vegetables Chilled Peaches Chocolate Chip Cookie		
	Whole Grain Muffin Cheese Dog on Bun Baked Potato Chips Mandarin Oranges Baby Carrots with Dip Baked Beans	Breakfast Pizza Toasted Cheese Sand. Chicken Noodle Soup Romaine Salad Fresh Carrots & Cucumbers with Dip Fresh Apple Wedges	Donut Holes Pizza Romaine Salad Chilled Pears Seasoned Green Beans Frozen Fruit Cup	Chicken Breakfast Sand Popcorn Chicken Bowl Mashed Potatoes Seasoned Corn Gravy Applesauce Sliced Bread	Pancake Wrap Hamburger on a Bun Shredded Lettuce, Sliced Tomato and Onion Potato Wedges Steamed Carrots Mixed Fruit	What Makes A Lunch? Select 3 of the 5 Components Protein Fruit Vegetable Grain Milk One must include a minimum of ½ cup fruit or vegetable to count as a lunch or breakfast. Milk, Fresh Fruits, Fruit Juice and Vegetables offered daily. This institution is an equal opportunity provider.	
	Whole Grain Muffin Crispy Chicken Tenders Macaroni & Cheese Romaine Salad Steamed Broccoli Chilled Pears	Breakfast Pizza Turkey & Noodles Sliced Dinner Roll Whipped Potatoes Gravy Steamed Carrots Chilled Peaches	Donut Holes Western BBQ Nachos Lettuce & Tomatoes Spanish Rice Seasoned Corn Strawberries Snicker Doodle Cookie	Chicken Breakfast Sand Turkey & Cheese Sliders Doritos Baby Carrots with Dip Baked Beans Mixed Fruit	Pancake Wrap Brd Mozzarella Sticks Marinara Sauce Romaine Salad Seasoned Green Beans Fresh Orange Wedges M&M Cookie		

FEBRUARY	M	T	W	T	F	MARCH	M	T	W	T	F	APRIL	M	T	W	T	F
Red					1	Red					1	Red	1	2	3	4	5
Blue	4	5	6	7	8	Blue	4	5	6	7	8	Blue	8	9	10	11	12
Orange	11	12	13	14	15	Orange	11	12	13	14	15	Orange	15	16	17	18	19X
Green	18X	19	20	21	22X	Green	18	19	20	21	22	Green	22	23	24	25	26
Red	25	26	27	28		Spring Break	25X	26X	27X	28X	29X	Red	29	30	1	2	3

Lunch Entrée Choices include the daily entrée, deli sandwich, chef salad, or yogurt with crackers.
 Menu subject to change.
Fish is available on Ash Wednesday and Fridays during Lent.
 Northridge Cougar Café Food Service Contact Information:
 Staci Heide (765) 364-1071 ext. 634