



2020-2021 School Year

Be sure and get a good start to your day with Breakfast!

North Montgomery Middle School Menu

September-October-November 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Blue	Sausage Biscuit Grilled or Brd. Chicken Patty Sand. Potato Wedges Baked Beans Applesauce	Breakfast Pizza Salisbury Steak Whipped Potatoes Gravy Green Beans Chilled Peaches Warm Dinner Roll	Breakfast Chicken Sand Chicken Tenders with Mac & Cheese Steamed Broccoli Carrots & Cucumbers with Dip, Apple Special & Snickerdoodle Cookie	Cinnamon Honey Bun Texas Straw Hat Shredded Lettuce Diced Tomatoes Steamed Corn Refried Beans Chilled Mixed Fruit	Pancake Wrap Pizza Romaine Salad Baby Carrots, Broccoli, & Red Pepper Strips Vegetable Dip Chilled Pears
Orange	Sausage Biscuit Chicken Bites Au Gratin Potatoes Steamed Broccoli Fresh Orange Wedges Sliced Bread	Breakfast Pizza Hot Dog on Bun Coney Sauce Seasoned Potato Wedges Baked Beans Chilled Peaches	Breakfast Chicken Sand Brd Chicken Drumstick Whipped Potatoes Gravy Steamed Corn Chilled Pears Warm Dinner Roll	Cinnamon Honey Bun Hamburger on Bun Sliced Cheese, Tomato, Onion & Lettuce Oven Bakes Fries Carrots & Cucumber w/Dip, & Apple Wedges	Pancake Wrap Brd Mozzarella Sticks Marinara Sauce Romaine Salad Steamed Carrots Chilled Mixed Fruit Chocolate Chip Cookie
Green	Sausage Biscuit Rotini Pasta Bake Romaine Salad Texas Garlic Toast Seasoned Green Beans Chilled Peaches	Breakfast Pizza Toasted Cheese Sand. Baked Beans Fresh Carrots & Cucumbers with Dip Applesauce	Breakfast Chicken Sand Western BBQ Nachos Refried Beans Romaine Salad Fresh Orange Wedges Chocolate Chip Cookie	Cinnamon Honey Bun Turkey & Noodles Whipped Potatoes Gravy Warm Dinner Roll Steamed Corn Chilled Mixed Fruit	Pancake Wrap Garlic Cheese Flatbread Marinara Sauce Romaine Salad Steamed Carrots Strawberries

Breakfast Meal Prices:

Student \$1.35
Reduced .30
Extra Milk .50

Lunch Meal Prices:

Student \$2.00
Reduced .40
Extra Milk .50

What Makes A Lunch?

Select 3 of the 5 Components

- Protein
- Fruit
- Vegetable
- Grain
- Milk

One must include a minimum of ½ Cup Fruit or Vegetable to count as a Lunch Meal.

September	M	T	W	Th	F	October	M	T	W	Th	F	November	M	T	W	Th	F
Blue	31	1	2	3	4	Orange	5	6	7	8	9	Orange	2	3	4	5	6X
Orange	7X	8	9	10	11	Green	12	13	14	15	16	Green	9	10	11	12	13
Blue	14	15	16	17	18	Fall Break	19X	20X	21X	22X	23X	Blue	16	17	18	19	20
Orange	21	22	23	24	25	Blue	26	27	28	29	30	Orange	23	24	25X	26X	27X
Blue	28	29	30	1	2							Green	30	1	2	3	4

Lunch Entrée Choices include the daily entrée, deli sandwich, or chef salad. 100% fruit juice, fresh fruit and milk offered with lunch.

Breakfast includes choices of fresh fruit, raisins, 100% fruit juice & milk.

Menu subject to change.

North Montgomery Middle School Food Service Contact Information:

Staci Heide (765) 364-1071 ext. 634

Nutritional Info found at: <http://www.nm.k12.in.us/powerschool/food-services>

This institution is an equal opportunity provider.