

## 2016-2017 School Year

Northridge Middle School Menu

15 16 17

22 23 24

Green

Red

18

Be sure and get a good start to your day with Breakfast! Breakfast choices include the daily entrée, cinnamon bun, PBJ wafer, cereal, and yogurt or muffin with toast or goldfish grahams.

|             |  |  |   |       |   |   | toast of goldfish granams.   |                                       |  |  |   |
|-------------|--|--|---|-------|---|---|--|---------------------------------------|--|--|---|
|             | IV   | londa  | y |       | Tuesday   | Wednesday   | <b>M</b><br>Thurs  | a <b>y 2017</b><br>day                | Friday   |  |   |
| Blue        | Corndog<br>Baked Be<br>Potato S<br>Chilled P   | Whole Grain Muffin Corndog Baked Beans Potato Smiles Chilled Peaches Chocolate Chip Cookie             |   |       | Breakfast Pizza Toasted Cheese Sand. Chicken Noodle Soup Romaine Salad Baby Carrots Cucumber Coins Fresh Apple Wedges | Mini Cinnamon Rolls Grilled or Brd. Chicken Patty Sandwich Potato Wedges Steamed Broccoli Chilled Pears                             | Biscuits Rotini with N Romaine Sala Breadstick Seasoned Gr Mixed Fruit               | Meat Sauce<br>ad                      | Pancake Wrap Pizza Romaine Salad Baby Carrots, Broccoli, & Red Pepper Strip Ranch Dip Pineapple Tidbits  | Breakfast Components:<br>Entrée Choice (protein<br>and/or grains)<br>Fruit<br>Milk   | Breakfast Meal Prices:<br>Student \$1.00<br>Reduced .30<br>Extra Milk .40 |
| Orange      | Whole Grain Muffin Chicken Nuggets Au Gratin Potatoes Seasoned Broccoli Fresh Orange Wedges Sliced Bread                   |  |   |       | Breakfast Pizza Texas Straw Hat Refried Beans Shredded Lettuce Diced Tomatoes Chilled Pears Carnival Cookie           | Mini Cinnamon Rolls Chicken Alfredo Romaine Salad California Blend Mandarin Oranges Garlic Toast                                    | Biscuits Salisbury St Homemade Whipped Po Gravy Seasoned G Chilled Peac              | eak<br>Roll<br>otatoes<br>ireen Beans | Pancake Wrap Garlic Cheese Flatbread Romaine Salad Steamed Carrots Mixed Fruit Goldfish Cheddar Crackers | Lunch Components:<br>Entrée Choice (protein)<br>Fruit<br>Vegetable<br>Grain<br>Milk  | Lunch Meal Prices:<br>Student \$1.65<br>Reduced .40<br>Extra Milk .40     |
| Green       | Whole Grain Muffin<br>Hot Dog on Bun<br>Coney Sauce<br>Tator Tots<br>Baked Beans<br>Applesauce                             |  |   | uffin | Breakfast Pizza Spaghetti Garlic Toast Romaine Salad Seasoned Green Beans Chilled Peaches                             | Mini Cinnamon Rolls Chicken Fajita Wrap Lettuce & Tomatoes Seasoned Corn Strawberries Snickerdoodle Cookie                          | Biscuit Deli Sub Sand Sliced cucum tomatoes, ar Romaine Let French Fries Mixed Fruit | nbers, onions,<br>nd peppers          | Pancake Wrap Pizza Tossed Salad Baby Carrots, Broccoli, Red Pepper Strips Ranch Dip Chilled Pears        | Fr<br>Vege<br>Gr   | 5 Components<br>tein<br>uit<br>table<br>ain                               |
| Red         | Whole Grain Muffin Crispy Chicken Tenders Macaroni & Cheese Romaine Salad Steamed Broccoli Warm Apple Special Sliced Bread |  |   | ers   | Breakfast Pizza Shredded BBQ Sand. Seasoned Green Beans Creamy Coleslaw Baked Chips Baby Carrots Pineapple Tidbits    | Mini Cinnamon Rolls Brd Mozzarella Sticks Marinara Sauce Romaine Salad Baby Carrots & Ranch Dip Chocolate Chip Cookie Chilled Pears |  |                                       |  | Milk One must include a minimum of ½ cup fruit or vegetable to count as a lunch or breakfast. Milk, Fresh Fruits, Fruit Juice, and Vegetables offered daily.  This institution is an equal opportunity provider. |   |
| May<br>Blue | 1 2  | Menu subject to change. Ala Carte items are available if the student food service account is positive. |   |       |   |   |  |                                       |  |  |   |

Northridge Cougar Café Food Service Contact: Staci Heide (765) 364-1071 ext. 634

